

BMI theo tuổi của trẻ GÁI (5-19 tuổi)



Năm : Tháng	Tháng	-3 SD	Ngưỡng BMI Bình thường				2 SD	3 SD
			-2 SD	-1 SD	Trung bình	1 SD		
5:01	61	11.8	12.7	13.9	15.2	16.9	18.9	21.3
5:02	62	11.8	12.7	13.9	15.2	16.9	18.9	21.4
5:03	63	11.8	12.7	13.9	15.2	16.9	18.9	21.5
5:04	64	11.8	12.7	13.9	15.2	16.9	18.9	21.5
5:05	65	11.7	12.7	13.9	15.2	16.9	19.0	21.6
5:06	66	11.7	12.7	13.9	15.2	16.9	19.0	21.7
5:07	67	11.7	12.7	13.9	15.2	16.9	19.0	21.7
5:08	68	11.7	12.7	13.9	15.3	17.0	19.1	21.8
5:09	69	11.7	12.7	13.9	15.3	17.0	19.1	21.9
5:10	70	11.7	12.7	13.9	15.3	17.0	19.1	22.0
5:11	71	11.7	12.7	13.9	15.3	17.0	19.2	22.1
6:00	72	11.7	12.7	13.9	15.3	17.0	19.2	22.1
6:01	73	11.7	12.7	13.9	15.3	17.0	19.3	22.2
6:02	74	11.7	12.7	13.9	15.3	17.0	19.3	22.3
6:03	75	11.7	12.7	13.9	15.3	17.1	19.3	22.4
6:04	76	11.7	12.7	13.9	15.3	17.1	19.4	22.5
6:05	77	11.7	12.7	13.9	15.3	17.1	19.4	22.6
6:06	78	11.7	12.7	13.9	15.3	17.1	19.5	22.7
6:07	79	11.7	12.7	13.9	15.3	17.2	19.5	22.8
6:08	80	11.7	12.7	13.9	15.3	17.2	19.6	22.9
6:09	81	11.7	12.7	13.9	15.4	17.2	19.6	23.0
6:10	82	11.7	12.7	13.9	15.4	17.2	19.7	23.1
6:11	83	11.7	12.7	13.9	15.4	17.3	19.7	23.2
7:00	84	11.8	12.7	13.9	15.4	17.3	19.8	23.3
7:01	85	11.8	12.7	13.9	15.4	17.3	19.8	23.4
7:02	86	11.8	12.8	14.0	15.4	17.4	19.9	23.5
7:03	87	11.8	12.8	14.0	15.5	17.4	20.0	23.6
7:04	88	11.8	12.8	14.0	15.5	17.4	20.0	23.7
7:05	89	11.8	12.8	14.0	15.5	17.5	20.1	23.9
7:06	90	11.8	12.8	14.0	15.5	17.5	20.1	24.0

Năm : Tháng	Tháng	-3 SD	Ngưỡng BMI Bình thường				2 SD	3 SD
			-2 SD	-1 SD	Trung bình	1 SD		
7:07	91	11.8	12.8	14.0	15.5	17.5	20.2	24.1
7:08	92	11.8	12.8	14.0	15.6	17.6	20.3	24.2
7:09	93	11.8	12.8	14.1	15.6	17.6	20.3	24.4
7:10	94	11.9	12.9	14.1	15.6	17.6	20.4	24.5
7:11	95	11.9	12.9	14.1	15.7	17.7	20.5	24.6
8:00	96	11.9	12.9	14.1	15.7	17.7	20.6	24.8
8:01	97	11.9	12.9	14.1	15.7	17.8	20.6	24.9
8:02	98	11.9	12.9	14.2	15.7	17.8	20.7	25.1
8:03	99	11.9	12.9	14.2	15.8	17.9	20.8	25.2
8:04	100	11.9	13.0	14.2	15.8	17.9	20.9	25.3
8:05	101	12.0	13.0	14.2	15.8	18.0	20.9	25.5
8:06	102	12.0	13.0	14.3	15.9	18.0	21.0	25.6
8:07	103	12.0	13.0	14.3	15.9	18.1	21.1	25.8
8:08	104	12.0	13.0	14.3	15.9	18.1	21.2	25.9
8:09	105	12.0	13.1	14.3	16.0	18.2	21.3	26.1
8:10	106	12.1	13.1	14.4	16.0	18.2	21.3	26.2
8:11	107	12.1	13.1	14.4	16.1	18.3	21.4	26.4
9:00	108	12.1	13.1	14.4	16.1	18.3	21.5	26.5
9:01	109	12.1	13.2	14.5	16.1	18.4	21.6	26.7
9:02	110	12.1	13.2	14.5	16.2	18.4	21.7	26.8
9:03	111	12.2	13.2	14.5	16.2	18.5	21.8	27.0
9:04	112	12.2	13.2	14.6	16.3	18.6	21.9	27.2
9:05	113	12.2	13.3	14.6	16.3	18.6	21.9	27.3
9:06	114	12.2	13.3	14.6	16.3	18.7	22.0	27.5
9:07	115	12.3	13.3	14.7	16.4	18.7	22.1	27.6
9:08	116	12.3	13.4	14.7	16.4	18.8	22.2	27.8
9:09	117	12.3	13.4	14.7	16.5	18.8	22.3	27.9
9:10	118	12.3	13.4	14.8	16.5	18.9	22.4	28.1
9:11	119	12.4	13.4	14.8	16.6	19.0	22.5	28.2
10:00	120	12.4	13.5	14.8	16.6	19.0	22.6	28.4
10:01	121	12.4	13.5	14.9	16.7	19.1	22.7	28.5
10:02	122	12.4	13.5	14.9	16.7	19.2	22.8	28.7
10:03	123	12.5	13.6	15.0	16.8	19.2	22.8	28.8
10:04	124	12.5	13.6	15.0	16.8	19.3	22.9	29.0

Năm : Tháng	Tháng	-3 SD	Ngưỡng BMI Bình thường				2 SD	3 SD
			-2 SD	-1 SD	Trung bình	1 SD		
10:05	125	12.5	13.6	15.0	16.9	19.4	23.0	29.1
10:06	126	12.5	13.7	15.1	16.9	19.4	23.1	29.3
10:07	127	12.6	13.7	15.1	17.0	19.5	23.2	29.4
10:08	128	12.6	13.7	15.2	17.0	19.6	23.3	29.6
10:09	129	12.6	13.8	15.2	17.1	19.6	23.4	29.7
10:10	130	12.7	13.8	15.3	17.1	19.7	23.5	29.9
10:11	131	12.7	13.8	15.3	17.2	19.8	23.6	30.0
11:00	132	12.7	13.9	15.3	17.2	19.9	23.7	30.2
11:01	133	12.8	13.9	15.4	17.3	19.9	23.8	30.3
11:02	134	12.8	14.0	15.4	17.4	20.0	23.9	30.5
11:03	135	12.8	14.0	15.5	17.4	20.1	24.0	30.6
11:04	136	12.9	14.0	15.5	17.5	20.2	24.1	30.8
11:05	137	12.9	14.1	15.6	17.5	20.2	24.2	30.9
11:06	138	12.9	14.1	15.6	17.6	20.3	24.3	31.1
11:07	139	13.0	14.2	15.7	17.7	20.4	24.4	31.2
11:08	140	13.0	14.2	15.7	17.7	20.5	24.5	31.4
11:09	141	13.0	14.3	15.8	17.8	20.6	24.7	31.5
11:10	142	13.1	14.3	15.8	17.9	20.6	24.8	31.6
11:11	143	13.1	14.3	15.9	17.9	20.7	24.9	31.8
12:00	144	13.2	14.4	16.0	18.0	20.8	25.0	31.9
12:01	145	13.2	14.4	16.0	18.1	20.9	25.1	32.0
12:02	146	13.2	14.5	16.1	18.1	21.0	25.2	32.2
12:03	147	13.3	14.5	16.1	18.2	21.1	25.3	32.3
12:04	148	13.3	14.6	16.2	18.3	21.1	25.4	32.4
12:05	149	13.3	14.6	16.2	18.3	21.2	25.5	32.6
12:06	150	13.4	14.7	16.3	18.4	21.3	25.6	32.7
12:07	151	13.4	14.7	16.3	18.5	21.4	25.7	32.8
12:08	152	13.5	14.8	16.4	18.5	21.5	25.8	33.0
12:09	153	13.5	14.8	16.4	18.6	21.6	25.9	33.1
12:10	154	13.5	14.8	16.5	18.7	21.6	26.0	33.2
12:11	155	13.6	14.9	16.6	18.7	21.7	26.1	33.3
13:00	156	13.6	14.9	16.6	18.8	21.8	26.2	33.4
13:01	157	13.6	15.0	16.7	18.9	21.9	26.3	33.6
13:02	158	13.7	15.0	16.7	18.9	22.0	26.4	33.7

Năm : Tháng	Tháng	-3 SD	Ngưỡng BMI Bình thường				2 SD	3 SD
			-2 SD	-1 SD	Trung bình	1 SD		
13:03	159	13.7	15.1	16.8	19.0	22.0	26.5	33.8
13:04	160	13.8	15.1	16.8	19.1	22.1	26.6	33.9
13:05	161	13.8	15.2	16.9	19.1	22.2	26.7	34.0
13:06	162	13.8	15.2	16.9	19.2	22.3	26.8	34.1
13:07	163	13.9	15.2	17.0	19.3	22.4	26.9	34.2
13:08	164	13.9	15.3	17.0	19.3	22.4	27.0	34.3
13:09	165	13.9	15.3	17.1	19.4	22.5	27.1	34.4
13:10	166	14.0	15.4	17.1	19.4	22.6	27.1	34.5
13:11	167	14.0	15.4	17.2	19.5	22.7	27.2	34.6
14:00	168	14.0	15.4	17.2	19.6	22.7	27.3	34.7
14:01	169	14.1	15.5	17.3	19.6	22.8	27.4	34.7
14:02	170	14.1	15.5	17.3	19.7	22.9	27.5	34.8
14:03	171	14.1	15.6	17.4	19.7	22.9	27.6	34.9
14:04	172	14.1	15.6	17.4	19.8	23.0	27.7	35.0
14:05	173	14.2	15.6	17.5	19.9	23.1	27.7	35.1
14:06	174	14.2	15.7	17.5	19.9	23.1	27.8	35.1
14:07	175	14.2	15.7	17.6	20.0	23.2	27.9	35.2
14:08	176	14.3	15.7	17.6	20.0	23.3	28.0	35.3
14:09	177	14.3	15.8	17.6	20.1	23.3	28.0	35.4
14:10	178	14.3	15.8	17.7	20.1	23.4	28.1	35.4
14:11	179	14.3	15.8	17.7	20.2	23.5	28.2	35.5
15:00	180	14.4	15.9	17.8	20.2	23.5	28.2	35.5
15:01	181	14.4	15.9	17.8	20.3	23.6	28.3	35.6
15:02	182	14.4	15.9	17.8	20.3	23.6	28.4	35.7
15:03	183	14.4	16.0	17.9	20.4	23.7	28.4	35.7
15:04	184	14.5	16.0	17.9	20.4	23.7	28.5	35.8
15:05	185	14.5	16.0	17.9	20.4	23.8	28.5	35.8
15:06	186	14.5	16.0	18.0	20.5	23.8	28.6	35.8
15:07	187	14.5	16.1	18.0	20.5	23.9	28.6	35.9
15:08	188	14.5	16.1	18.0	20.6	23.9	28.7	35.9
15:09	189	14.5	16.1	18.1	20.6	24.0	28.7	36.0
15:10	190	14.6	16.1	18.1	20.6	24.0	28.8	36.0
15:11	191	14.6	16.2	18.1	20.7	24.1	28.8	36.0
16:00	192	14.6	16.2	18.2	20.7	24.1	28.9	36.1

Năm : Tháng	Tháng	-3 SD	Ngưỡng BMI Bình thường				2 SD	3 SD
			-2 SD	-1 SD	Trung bình	1 SD		
16:01	193	14.6	16.2	18.2	20.7	24.1	28.9	36.1
16:02	194	14.6	16.2	18.2	20.8	24.2	29.0	36.1
16:03	195	14.6	16.2	18.2	20.8	24.2	29.0	36.1
16:04	196	14.6	16.2	18.3	20.8	24.3	29.0	36.2
16:05	197	14.6	16.3	18.3	20.9	24.3	29.1	36.2
16:06	198	14.7	16.3	18.3	20.9	24.3	29.1	36.2
16:07	199	14.7	16.3	18.3	20.9	24.4	29.1	36.2
16:08	200	14.7	16.3	18.3	20.9	24.4	29.2	36.2
16:09	201	14.7	16.3	18.4	21.0	24.4	29.2	36.3
16:10	202	14.7	16.3	18.4	21.0	24.4	29.2	36.3
16:11	203	14.7	16.3	18.4	21.0	24.5	29.3	36.3
17:00	204	14.7	16.4	18.4	21.0	24.5	29.3	36.3
17:01	205	14.7	16.4	18.4	21.1	24.5	29.3	36.3
17:02	206	14.7	16.4	18.4	21.1	24.6	29.3	36.3
17:03	207	14.7	16.4	18.5	21.1	24.6	29.4	36.3
17:04	208	14.7	16.4	18.5	21.1	24.6	29.4	36.3
17:05	209	14.7	16.4	18.5	21.1	24.6	29.4	36.3
17:06	210	14.7	16.4	18.5	21.2	24.6	29.4	36.3
17:07	211	14.7	16.4	18.5	21.2	24.7	29.4	36.3
17:08	212	14.7	16.4	18.5	21.2	24.7	29.5	36.3
17:09	213	14.7	16.4	18.5	21.2	24.7	29.5	36.3
17:10	214	14.7	16.4	18.5	21.2	24.7	29.5	36.3
17:11	215	14.7	16.4	18.6	21.2	24.8	29.5	36.3
18:00	216	14.7	16.4	18.6	21.3	24.8	29.5	36.3
18:01	217	14.7	16.5	18.6	21.3	24.8	29.5	36.3
18:02	218	14.7	16.5	18.6	21.3	24.8	29.6	36.3
18:03	219	14.7	16.5	18.6	21.3	24.8	29.6	36.3
18:04	220	14.7	16.5	18.6	21.3	24.8	29.6	36.3
18:05	221	14.7	16.5	18.6	21.3	24.9	29.6	36.2
18:06	222	14.7	16.5	18.6	21.3	24.9	29.6	36.2
18:07	223	14.7	16.5	18.6	21.4	24.9	29.6	36.2
18:08	224	14.7	16.5	18.6	21.4	24.9	29.6	36.2
18:09	225	14.7	16.5	18.7	21.4	24.9	29.6	36.2
18:10	226	14.7	16.5	18.7	21.4	24.9	29.6	36.2

Năm : Tháng	Tháng	-3 SD	Ngưỡng BMI Bình thường				2 SD	3 SD
			-2 SD	-1 SD	Trung bình	1 SD		
18:11	227	14.7	16.5	18.7	21.4	25.0	29.7	36.2
19:00	228	14.7	16.5	18.7	21.4	25.0	29.7	36.2